

**Westfield Middle School**  
**Personal, Social Health, Citizenship & Careers Education Scheme of Work Overview 2015**

YEAR	<b>½ Term Rotation on Each Topic</b>					
	Topic 1	Topic 2	Topic 3	Topic 4	Topic 5	Topic 6
<b>5</b>	<u><b>I'm a Special Person</b></u> Me Feelings People I Love Looking after Myself Self-Confidence Difficult Secrets	<u><b>Playground Leaders Award</b></u> Communication Team Work Safety Leadership	<u><b>Friends &amp; Relationships</b></u> Ground Rules Friendships Family Puberty Babies	<u><b>I'm a Good Citizen</b></u> Desert Island Bullying World of Work What others feel Discrimination Ethnic Diversity	<u><b>Looking after me</b></u> Keeping Clean Eating Habits & Teeth Exercise Feeling Unwell Bacteria Unsafe Substances	<u><b>The Environment</b></u> Recycling Rainforests Endangered Species Animal Cruelty In the News - Floods In the Papers
<b>6</b>	<u><b>How do you Feel</b></u> Stress Busting Managing stress Exam skills Bullying Racism Emotions Confidence	<u><b>Team Building</b></u> Bundy's Activity Park Murder Mystery Design a Park Model Making	<u><b>I'm a Safe Person</b></u> Feeling unsafe Road Safety Stranger Danger Home Safety First Aid Fire Safety Safety Online	<u><b>Drugs</b></u> Effects of Smoking Drugs & Safety Alcohol Drug Issues Peer Pressure	<u><b>Me &amp; My Body</b></u> Ground Rules Relationships Body Changes Feelings Body Parts	<u><b>Being Different</b></u> I'm Different My Family's Different Living with HIV <u><b>Careers</b></u> What do I want to be? Jobs in the NHS Independence
<b>7</b>	<u><b>Study Skills</b></u> What's School About Research Skills Homework <u><b>My Money</b></u> Spending Needs Budgeting Financial Planning	<u><b>You &amp; The Law</b></u> Rights and responsibilities The Law The Police The Courts Crimes & consequences	<u><b>Drugs</b></u> Smoking Passive smoking Solvents & Glue Drugs on the Street Decision making & Peer Pressure	<u><b>Me &amp; My Relationships</b></u> Friends & Relationships Changing relationship It's my Body Puberty Managing feelings Personal Hygiene	<u><b>Safety</b></u> Watch over me I Managing Risk Carrying a Weapon Unwanted contact <u><b>Careers</b></u> Jobs then & now Decision Making Skills & Qualities	<u><b>Citizenship</b></u> Bullying Local Government You Decide! Globalisation World Trade Multinational companies
<b>8</b>	<u><b>Health &amp; Hygiene</b></u> Body Fat Healthy Eating Body Image Self Esteem Healthy Mind	<u><b>Personal Safety</b></u> Watch over me II Forced Marriage Domestic Violence Bereavement Gangs & Gun Crime Child Exploitation	<u><b>Careers</b></u> Occupational areas Local Jobs First Impressions Gender Stereotypes Application & Interview Dream, Dream, Dream This is What I Want	<u><b>Citizenship</b></u> Smacking Children's Rights Gambling Chicken farming Stop the Disaster Design a School project	<u><b>Relationship Education</b></u> Ground Rules Friendship & Love Being Assertive Teen pregnancy HIV, AIDS & STI's Sexuality Contraception	<u><b>Drugs</b></u> Illegal Drugs Project Alcohol Talk to Frank The Drug Trade